

ZGEEL 2daagse 26: Session: 2: COACH evaluation sheet for TEAM: ZVL

Coachinfo: Warming up from: 12:40 untill 13:55. Teamleadmeeting @ 13:15 The listed starttimes are indicative!

Coaches: Gijsemans Liesbet

Coaches: De Herdt An

Coaches: Vanuytven Diane

Coaches: De Herdt Els HEADCOACH

Coaches: Jacob Sven

Coaches: Van Campenhout Sigrid

Coaches: De Weerd Koën

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 6: 50M BUTTERFLY WOMEN 11+			Heat:5, starttime: 14:05
Heat: 5/30 Lane : 5 Athlete: VOLDERS ELLA			Q-time: 00:38:94
PB (25m pool): 00:38.94 Temse 17/11/2025			PB (50m pool): 00:41.23 SB: 00:38.94 Temse 17/11/2025
	2 5 M	5 0 M	
PB		00:38.94	
		00:38.94	
			

Coach feedback:

Event number: 6: 50M BUTTERFLY WOMEN 11+			Heat:11, starttime: 14:10
Heat: 11/30 Lane : 1 Athlete: DALEMANS NEL			Q-time: 00:35:57
PB (25m pool): 00:35.57 Hoogstraten 28/09/2025			PB (50m pool): 00:36.90 SB: 00:35.57 Hoogstraten 28/09/2025
	2 5 M	5 0 M	
PB		00:35.57	
		00:35.57	
			

Coach feedback:

Event number: 6: 50M BUTTERFLY WOMEN 11+			Heat:12, starttime: 14:10
Heat: 12/30 Lane : 1 Athlete: VERDOOD PIP			Q-time: 00:35:26
PB (25m pool): 00:35.02 Gemeentelijk sportcentrum Nijl 17/03/2025			PB (50m pool): 00:36.01 SB: no time
	2 5 M	5 0 M	
PB		00:35.02	
		00:35.02	
			

Coach feedback:

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Event number: 6: 50M BUTTERFLY WOMEN 11+			Heat:16, starttime: 14:15
Heat: 16/30 Lane : 1 Athlete: DE VOCHT LINNE			Q-time: 00:33:93
PB (25m pool): 00:33.93 Leuven 12/10/2025			PB (50m pool): no time SB: 00:33.93 Leuven 12/10/2025
	2 5 M	5 0 M	
PB		00:33.93	
		00:33.93	
			

Coach feedback:

Event number: 6: 50M BUTTERFLY WOMEN 11+			Heat:17, starttime: 14:15
Heat: 17/30 Lane : 4 Athlete: VAN REETH LIEZE			Q-time: 00:33:53
PB (25m pool): 00:33.53 Hoogstraten 28/09/2025			PB (50m pool): 00:33.30 SB: 00:33.53 Hoogstraten 28/09/2025
	2 5 M	5 0 M	
PB		00:33.53	
		00:33.53	
			

Coach feedback:

Event number: 6: 50M BUTTERFLY WOMEN 11+			Heat:22, starttime: 14:20
Heat: 22/30 Lane : 3 Athlete: SCHELLEMANS CHARLOTTE			Q-time: 00:32:16
PB (25m pool): 00:32.16 Nijlen 16/11/2025			PB (50m pool): 00:32.77 SB: 00:32.16 Nijlen 16/11/2025
	2 5 M	5 0 M	
PB		00:32.16	
		00:32.16	
			

Coach feedback:

Event number: 6: 50M BUTTERFLY WOMEN 11+			Heat:27, starttime: 14:25
Heat: 27/30 Lane : 6 Athlete: JACOBS LOTTE			Q-time: 00:30:82
PB (25m pool): 00:30.82 Hoogstraten 28/09/2025			PB (50m pool): 00:30.56 SB: 00:30.82 Hoogstraten 28/09/2025
	2 5 M	5 0 M	
PB		00:30.82	
		00:30.82	
			

Coach feedback:

ZGEEL 2daagse 26: Session: 2: COACH evaluation sheet for TEAM: ZVL

Event number: 7: 50M BREASTSTROKE MEN 11+			Heat:3, starttime: 14:30
Heat: 3/31 Lane : 6 Athlete: DE PUYDT ARTHUR			Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 7: 50M BREASTSTROKE MEN 11+			Heat:13, starttime: 14:45
Heat: 13/31 Lane : 5 Athlete: MARIN ALEXANDRU			Q-time: 00:41:69
PB (25m pool): 00:41.69 Nijlen 16/11/2025			PB (50m pool): no time SB: 00:41.69 Nijlen 16/11/2025
	2 5 M	5 0 M	
PB		00:41.69	
	00:41.69		
			

Coach feedback:

Event number: 7: 50M BREASTSTROKE MEN 11+			Heat:14, starttime: 14:45
Heat: 14/31 Lane : 5 Athlete: VERMEIREN STAN			Q-time: 00:40:55
PB (25m pool): 00:40.55 Stedelijk Zwembad Geel 16/02/2025			PB (50m pool): 00:41.07 SB: 00:40.79 Antwerpen 12/10/2025
	2 5 M	5 0 M	
PB		00:40.55	
	00:40.55		
			

Coach feedback:

Event number: 7: 50M BREASTSTROKE MEN 11+			Heat:15, starttime: 14:45
Heat: 15/31 Lane : 5 Athlete: DRISSI EL MESKINI TAMIZ			Q-time: 00:38:83
PB (25m pool): 00:38.83 Nijlen 16/11/2025			PB (50m pool): no time SB: 00:38.83 Nijlen 16/11/2025
	2 5 M	5 0 M	
PB		00:38.83	
	00:38.83		
			

Coach feedback:

ZGEEL 2daagse 26: Session: 2: COACH evaluation sheet for TEAM: ZVL

Event number: 7: 50M BREASTSTROKE MEN 11+			Heat:17, starttime: 14:45
Heat: 17/31 Lane : 2 Athlete: VERCAMMEN DAAN			Q-time: 00:37:29
PB (25m pool): 00:37.29 Antwerpen 12/10/2025			PB (50m pool): 00:37.83 SB: 00:37.29 Antwerpen 12/10/2025
	2 5 M	5 0 M	
PB		00:37.29	
		00:37.29	
			

Coach feedback:

Event number: 7: 50M BREASTSTROKE MEN 11+			Heat:23, starttime: 14:50
Heat: 23/31 Lane : 5 Athlete: MERTENS GERBEN			Q-time: 00:34:81
PB (25m pool): 00:34.81 Antwerpen 12/10/2025			PB (50m pool): 00:34.21 SB: 00:34.81 Antwerpen 12/10/2025
	2 5 M	5 0 M	
PB		00:34.81	
		00:34.81	
			

Coach feedback:

Event number: 7: 50M BREASTSTROKE MEN 11+			Heat:23, starttime: 14:50
Heat: 23/31 Lane : 6 Athlete: SLAETS CAZ			Q-time: 00:34:88
PB (25m pool): 00:34.88 Stedelijk Zwembad Geel 16/02/2025			PB (50m pool): 00:33.61 SB: 00:34.91 Antwerpen 12/10/2025
	2 5 M	5 0 M	
PB		00:34.88	
		00:34.88	
			

Coach feedback:

Event number: 7: 50M BREASTSTROKE MEN 11+			Heat:24, starttime: 14:55
Heat: 24/31 Lane : 3 Athlete: JACOB QINGKUN			Q-time: 00:34:05
PB (25m pool): 00:34.05 Nijlen 16/11/2025			PB (50m pool): 00:33.82 SB: 00:34.05 Nijlen 16/11/2025
	2 5 M	5 0 M	
PB		00:34.05	
		00:34.05	
			

Coach feedback:

ZGEEL 2daagse 26: Session: 2: COACH evaluation sheet for TEAM: ZVL

Event number: 7: 50M BREASTSTROKE MEN 11+						Heat:25, starttime: 14:55	
Heat: 25/31 Lane : 2 Athlete: DOOMEN MARNIX					Q-time: 00:33:88		
PB (25m pool): 00:33.88 Stedelijk Zwembad Geel 16/02/2025						PB (50m pool): 00:35.22 SB: 00:34.71 Nijlen 16/11/2025	
	2 5 M		5 0 M				
PB			00:33.88				
	00:33.88						
							

Coach feedback:

Event number: 7: 50M BREASTSTROKE MEN 11+						Heat:28, starttime: 14:55	
Heat: 28/31 Lane : 1 Athlete: WIJSGEER VIKTOR					Q-time: 00:32:29		
PB (25m pool): 00:32.29 Antwerpen 12/10/2025						PB (50m pool): 00:33.11 SB: 00:32.29 Antwerpen 12/10/2025	
	2 5 M		5 0 M				
PB			00:32.29				
	00:32.29						
							

Coach feedback:

Event number: 8: 100M FREESTYLE WOMEN 9-10					Heat:1, starttime: 15:00
Heat: 1/2 Lane : 5 Athlete: SOMERS BESS				Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 10: 50M BACKSTROKE WOMEN 11+						Heat:3, starttime: 15:10	
Heat: 3/39 Lane : 3 Athlete: VAN REETH LILIANA						Q-time: 99:99:99	
PB (25m pool): no time						PB (50m pool): no time SB: no time	
	2 5 M		5 0 M				
PB			no time				
	no time						
							

Coach feedback:

ZGEEL 2daagse 26: Session: 2: COACH evaluation sheet for TEAM: ZVL

Event number: 10: 50M BACKSTROKE WOMEN 11+			Heat:4, starttime: 15:15
Heat: 4/39 Lane : 4 Athlete: VLUYMANS JULIE			Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time			
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 10: 50M BACKSTROKE WOMEN 11+			Heat:9, starttime: 15:20
Heat: 9/39 Lane : 3 Athlete: HERREMANS ELIEN			Q-time: 00:43:16
PB (25m pool): 00:43.16 Hoogstraten 28/09/2025 PB (50m pool): no time SB: 00:43.16 Hoogstraten 28/09/2025			
	2 5 M	5 0 M	
PB		00:43.16	
	00:43.16		
			

Coach feedback:

Event number: 10: 50M BACKSTROKE WOMEN 11+			Heat:9, starttime: 15:20
Heat: 9/39 Lane : 6 Athlete: JORIS LINDE			Q-time: 00:44:31
PB (25m pool): 00:44.31 Hoogstraten 28/09/2025 PB (50m pool): 00:47.63 SB: 00:44.31 Hoogstraten 28/09/2025			
	2 5 M	5 0 M	
PB		00:44.31	
	00:44.31		
			

Coach feedback:

Event number: 10: 50M BACKSTROKE WOMEN 11+			Heat:13, starttime: 15:25
Heat: 13/39 Lane : 1 Athlete: BORREMANS LIZ			Q-time: 00:40:54
PB (25m pool): 00:40.54 Nijlen 16/11/2025 PB (50m pool): no time SB: 00:40.54 Nijlen 16/11/2025			
	2 5 M	5 0 M	
PB		00:40.54	
	00:40.54		
			

Coach feedback:

ZGEEL 2daagse 26: Session: 2: COACH evaluation sheet for TEAM: ZVL

Event number: 10: 50M BACKSTROKE WOMEN 11+			Heat:13, starttime: 15:25
Heat: 13/39 Lane : 3 Athlete: SARMI SOFIA			Q-time: 00:40:20
PB (25m pool): 00:40.20 Antwerpen 12/10/2025			PB (50m pool): no time SB: 00:40.20 Antwerpen 12/10/2025
	2 5 M	5 0 M	
PB		00:40.20	
		00:40.20	
			

Coach feedback:

Event number: 10: 50M BACKSTROKE WOMEN 11+			Heat:14, starttime: 15:30
Heat: 14/39 Lane : 3 Athlete: VOLDERS ELLA			Q-time: 00:39:21
PB (25m pool): 00:39.21 Antwerpen 12/10/2025			PB (50m pool): 00:37.66 SB: 00:39.21 Antwerpen 12/10/2025
	2 5 M	5 0 M	
PB		00:39.21	
		00:39.21	
			

Coach feedback:

Event number: 10: 50M BACKSTROKE WOMEN 11+			Heat:15, starttime: 15:30
Heat: 15/39 Lane : 5 Athlete: VAN BREEDAM LENA			Q-time: 00:38:94
PB (25m pool): 00:38.94 Hoogstraten 28/09/2025			PB (50m pool): no time SB: 00:38.94 Hoogstraten 28/09/2025
	2 5 M	5 0 M	
PB		00:38.94	
		00:38.94	
			

Coach feedback:

Event number: 10: 50M BACKSTROKE WOMEN 11+			Heat:16, starttime: 15:30
Heat: 16/39 Lane : 5 Athlete: DALEMANS NEL			Q-time: 00:38:57
PB (25m pool): 00:38.57 Antwerpen 12/10/2025			PB (50m pool): 00:45.82 SB: 00:38.57 Antwerpen 12/10/2025
	2 5 M	5 0 M	
PB		00:38.57	
		00:38.57	
			

Coach feedback:

ZGEEL 2daagse 26: Session: 2: COACH evaluation sheet for TEAM: ZVL

Event number: 10: 50M BACKSTROKE WOMEN 11+			Heat:19, starttime: 15:35
Heat: 19/39 Lane : 2 Athlete: VAN REETH LIEZE			Q-time: 00:37:61
PB (25m pool): 00:37.07 Diksmuide 17/11/2024			PB (50m pool): 00:35.75 SB: no time
	2 5 M	5 0 M	
PB		00:37.07	
	00:37.07		
			

Coach feedback:

Event number: 10: 50M BACKSTROKE WOMEN 11+			Heat:27, starttime: 15:45
Heat: 27/39 Lane : 4 Athlete: VERDOOD PIP			Q-time: 00:35:28
PB (25m pool): 00:35.28 Hoogstraten 28/09/2025			PB (50m pool): 00:36.76 SB: 00:35.28 Hoogstraten 28/09/2025
	2 5 M	5 0 M	
PB		00:35.28	
	00:35.28		
			

Coach feedback:

Event number: 10: 50M BACKSTROKE WOMEN 11+			Heat:30, starttime: 15:50
Heat: 30/39 Lane : 3 Athlete: JACOBS LOTTE			Q-time: 00:34:28
PB (25m pool): 00:34.28 Nijlen 16/11/2025			PB (50m pool): 00:36.20 SB: 00:34.28 Nijlen 16/11/2025
	2 5 M	5 0 M	
PB		00:34.28	
	00:34.28		
			

Coach feedback:

Event number: 10: 50M BACKSTROKE WOMEN 11+			Heat:30, starttime: 15:50
Heat: 30/39 Lane : 5 Athlete: DE VOCHT LINNE			Q-time: 00:34:33
PB (25m pool): 00:34.33 LEUVEN 23/11/2025			PB (50m pool): no time SB: 00:34.33 LEUVEN 23/11/2025
	2 5 M	5 0 M	
PB		00:34.33	
	00:34.33		
			

Coach feedback:

ZGEEL 2daagse 26: Session: 2: COACH evaluation sheet for TEAM: ZVL

Event number: 10: 50M BACKSTROKE WOMEN 11+			Heat:33, starttime: 15:50
Heat: 33/39 Lane : 4 Athlete: SCHELLEMANS CHARLOTTE			Q-time: 00:33:40
PB (25m pool): 00:33.40 Antwerpen 12/10/2025			PB (50m pool): 00:34.41 SB: 00:33.40 Antwerpen 12/10/2025
	2 5 M	5 0 M	
PB		00:33.40	
		00:33.40	
			

Coach feedback:

Event number: 11: 50M FREESTYLE MEN 11+			Heat:3, starttime: 16:05
Heat: 3/30 Lane : 2 Athlete: VERMEIREN STAN			Q-time: 00:33:89
PB (25m pool): 00:33.89 Arendonk 30/11/2025			PB (50m pool): 00:34.36 SB: 00:33.89 Arendonk 30/11/2025
	2 5 M	5 0 M	
PB		00:33.89	
		00:33.89	
			

Coach feedback:

Event number: 11: 50M FREESTYLE MEN 11+			Heat:5, starttime: 16:05
Heat: 5/30 Lane : 3 Athlete: MARIN ALEXANDRU			Q-time: 00:32:13
PB (25m pool): 00:32.13 Nijlen 16/11/2025			PB (50m pool): 00:32.69 SB: 00:32.13 Nijlen 16/11/2025
	2 5 M	5 0 M	
PB		00:32.13	
		00:32.13	
			

Coach feedback:

Event number: 11: 50M FREESTYLE MEN 11+			Heat:10, starttime: 16:10
Heat: 10/30 Lane : 6 Athlete: DRISSI EL MESKINI TAMIZ			Q-time: 00:30:56
PB (25m pool): 00:30.56 Nijlen 16/11/2025			PB (50m pool): 00:32.88 SB: 00:30.56 Nijlen 16/11/2025
	2 5 M	5 0 M	
PB		00:30.56	
		00:30.56	
			

Coach feedback:

ZGEEL 2daagse 26: Session: 2: COACH evaluation sheet for TEAM: ZVL

Event number: 11: 50M FREESTYLE MEN 11+			Heat:12, starttime: 16:10
Heat: 12/30 Lane : 6 Athlete: VERCAMMEN DAAN			Q-time: 00:29:25
PB (25m pool): 00:29.25 Nijlen 16/11/2025			PB (50m pool): 00:30.05 SB: 00:29.25 Nijlen 16/11/2025
	2 5 M	5 0 M	
PB		00:29.25	
		00:29.25	
			

Coach feedback:

Event number: 11: 50M FREESTYLE MEN 11+			Heat:14, starttime: 16:10
Heat: 14/30 Lane : 6 Athlete: MERTENS GERBEN			Q-time: 00:28:18
PB (25m pool): 00:28.18 Temse 17/11/2025			PB (50m pool): 00:30.77 SB: 00:28.18 Temse 17/11/2025
	2 5 M	5 0 M	
PB		00:28.18	
		00:28.18	
			

Coach feedback:

Event number: 11: 50M FREESTYLE MEN 11+			Heat:15, starttime: 16:15
Heat: 15/30 Lane : 2 Athlete: WIJSGEER VIKTOR			Q-time: 00:27:98
PB (25m pool): 00:27.98 Antwerpen 12/10/2025			PB (50m pool): 00:29.10 SB: 00:27.98 Antwerpen 12/10/2025
	2 5 M	5 0 M	
PB		00:27.98	
		00:27.98	
			

Coach feedback:

Event number: 11: 50M FREESTYLE MEN 11+			Heat:15, starttime: 16:15
Heat: 15/30 Lane : 3 Athlete: JACOB QINGKUN			Q-time: 00:27:93
PB (25m pool): 00:27.93 Antwerpen 12/10/2025			PB (50m pool): 00:29.37 SB: 00:27.93 Antwerpen 12/10/2025
	2 5 M	5 0 M	
PB		00:27.93	
		00:27.93	
			

Coach feedback:

ZGEEL 2daagse 26: Session: 2: COACH evaluation sheet for TEAM: ZVL

Event number: 11: 50M FREESTYLE MEN 11+										Heat:16, starttime: 16:15																																																																
Heat: 16/30															Lane : 3															Athlete: SLAETS CAZ															Q-time: 00:27:64																													
PB (25m pool): 00:27.64															Nijlen 16/11/2025															PB (50m pool): 00:27.88															SB: 00:27.64															Nijlen 16/11/2025														
		2 5 M					5 0 M																																																																			
PB							00:27.64																																																																			
		00:27.64																																																																								
																																																																										

Coach feedback:

Event number: 11: 50M FREESTYLE MEN 11+										Heat:24, starttime: 16:20																																							
Heat: 24/30										Lane : 1										Athlete: DOOMEN MARNIX										Q-time: 00:25:89																			
PB (25m pool): 00:25.89										Hoogstraten 28/09/2025										PB (50m pool): 00:26.17										SB: 00:25.89										Hoogstraten 28/09/2025									
		2 5 M				5 0 M																																											
PB						00:25.89																																											
		00:25.89																																															
																																																	

Coach feedback:

Event number: 12: 100M BREASTSTROKE WOMEN 9-10				Heat:1, starttime: 16:25	
Heat: 1/2 Lane : 2 Athlete: SOMERS BESS				Q-time: 99:99:99	
PB (25m pool): no time				PB (50m pool): no time SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback: